The Synod Process

Ignatius discernment assumes that God communicates directly with each of us in our hearts, minds, and souls through various interior movements – our feelings, thoughts, and desires. ... So, the trick is to figure out which of our inner desires, thoughts, and feelings are from God, and which are not.

Requirements for the PROCESS...

- A facilitator
- A scribe
- Participants

The role of the FACILITATOR...

- Create a prayerful space for others to join in
- Keep order
- Introduce the topic
- Encourage participation
- Summing up

The role of the SCRIBE...

- Take notes of what others are saying
- Read back notes when asked

The role of the PARTICIPANTS...

- Share thoughts on the topic
- Listening that we might LEARN, rather than to REACT.
- Allowing everybody... to bring their piece of wisdom.
- Reflect on what was heard

The Synod Process requires 3 rounds of sharing interspersed with prayer

- 1. Prayerful Reflection
- 2. Members are invited to share their thoughts, briefly and uninterrupted.
- 3. Reflect on what someone else has shared

The facilitator will present a brief statement which is the ESSENCE of what was heard. They will ask if the group is in agreement, and how people feel about the conclusion.